

bliss glow heart energy rebirth  
strength believe value  
release live happiness  
rediscover new beginnings hope  reenergize  
reinvent passion forgive confidence  
Regaining your feminine power after divorce reflect

*With Lina Arings*



SPEAKER  
POST DIVORCE LIFESTYLE COACH  
REINVENTION MENTOR  
LAWYER  
ENTREPRENEUR  
AUTHOR  
DEVOTED MOTHER

*Bio: 2015*



# Believe and Live again

Regaining your feminine power after divorce

## With Zina Arinze, -The Divorce Reinvention Queen

Zina is a bubbly Born Again Christian, serial entrepreneur and the founder of Believe and Live Again, the Post Divorce Lifestyle Coaching and Reinvention Mentoring services for female professionals and business women around the globe from all walks of life.

A lawyer by training and armed with an MBA, she is also a renowned certified Divorce Recovery Coach, a prolific writer, corporate life skills trainer, Business Mentor and a successful IT Project Management Consultant with over 15 years experience in delivering multi million pound projects and capacity building gained from the Public, Not for Profit and Private sectors . Zina is also a well sought after motivational speaker and an exceptional devoted single mother to two amazing gifts, her daughters....*phew!*

Having under gone a traumatic divorce herself, Zina understands only too well the challenges the professional woman faces in balancing her personal, spiritual and corporate life in order to stay ahead and maintain her cutting edge.

Consequently, Zina's driving force is to help as many women as possible across the globe regain their unique sense of self and feminine power, re-ignite their self esteem, transform their mindset, boost their confidence to support them through the healing and divorce recovery process and get their life back.

Zina never believed that divorce could never happen to someone like her, a confident, respectable, professional, affable, strong and happy God fearing Christian woman. No! But of course, it did happen and her world as she knew it seemed to collapse. If the truth be told, Divorce can happen to anyone inspite of your beliefs systems, status, background, profession, race or personality. Zina's own divorce recovery journey has equipped her with extensive knowledge, wisdom and lessons learnt about divorce related issues and the recovery process, giving her the innate ability to empathise and provide sound practical solutions and answers to sometimes difficult questions and spiritual concerns that people may have as they transition from "We" to "Me" as result of their own marriage/relationship breakdown.

Zina has a way with people and is able to get them to warm up to her easily and break down boundaries. Her authentic, personable and high octane energetic approach provides her clients with limitless and inspired self belief, successfully propelling them up into their next level. Her compelling mission is to leave a lasting legacy by helping women to RELEASE the Past, REFLECT upon the possibilities in the Present and become a re-branded REINVENTED better version of who they once were as they walk with purpose into their wonderful future of new beginnings and boundless opportunities.

A firm believer in maximising every moment, she lives by the her mantra "You are never too old to set another goal or to dream a new dream" - CS Lewis

Believe and Live Again offer 1 to 1 VIP Post Divorce mentoring services in a comfortable, non judgmental and safe environment. They also run tailored group coaching programmes and a wide range of workshops, seminars and retreats geared at helping women to RELEASE, REFLECT & REINVENT after the trauma of divorce or relationship breakdown. For more information visit [www.believeandliveagain.com](http://www.believeandliveagain.com), call +44 (0) 208-938-3672 or send an email to [infobelieve@believeandliveagain.com](mailto:infobelieve@believeandliveagain.com)



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**POST DIVORCE LIFESTYLE COACH**  
**REINVENTION MENTOR**  
**ENTREPRENEUR**  
**LAWYER**  
**AUTHOR**  
**DEVOTED MOTHER**

*"Empowering professional women to rediscover themselves, be reinvigorated, be refreshed, be reinvented, and feel release"*

[www.believeandliveagain.com](http://www.believeandliveagain.com)  
**Contact Zina Today!**  
**+44 (0) 208 938 3672 - 24 hours**

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## Contact Zina



Zina is an author, entrepreneur, mentor, speaker and post divorce lifestyle coach who uses her passionate and endearing approach to inspire and move people forward after divorce or relationship breakdown.

Zina is currently booking speaking engagements for 2015 – 2016

If you would like to have Zina be a part of your event, workshop, or to do a feature on her, contact Zina's management team at [infobelieve@believeandliveagain.com](mailto:infobelieve@believeandliveagain.com) in the first instance, [zinaarinze@believeandliveagain.com](mailto:zinaarinze@believeandliveagain.com) or call +44 (0) 208 938 3672 (24 hours).

Zina is also contactable via any of the social media platforms below



[Facebook.com/Believeandliveagain](https://www.facebook.com/Believeandliveagain)



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[uk.linkedin.com/in/zina9801](https://uk.linkedin.com/in/zina9801)

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